

Spring sports season kicks off

Guidelines change as the season commences

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Sports Editor

With tryouts for spring sports beginning March 1, coaches and players are preparing and making alterations due to the cancellation of last year's season.

On March 9, the spectator guidelines changed in collaboration with St. Louis Suburban Public High School Athletic and Activities Association. These guidelines started on March 15. Spectators are allowed to have two family members per participant for indoor events. There is no limit on the number of spectators for baseball, golf, lacrosse, soccer, and tennis. Volleyball is limited to two spectators, and water polo guidelines differ depending on certain schools. However, no spectators are allowed for track and field meets. When teams play outside of the Suburban Conference, the rules depend on that region's guidelines. Additionally, other schools may have limitations due to the amount of space available in certain venues. Furthermore, coaches are finding that there are alterations that need to be made to accommodate new rosters. Baseball coach Jason Schneider said that although the team will be dealing with some adjustments, he is incredibly excited to go out



While completing their two-lap warmup, junior Becca Rose and senior Paige McGrady jog around the track. Track and Field held their second day of tryouts on March 2. (Photo by Kavya Ramesh)

and play this season.

"Teams from every high school will be dealing with some definite uncertainties since last year's season was lost. Many of our current seniors will be playing varsity for the first time. The same can be said for our current juniors, who were slated to play on JV last year," Schneider said. "All in all, it's going to be fun watching the

boys compete at a high level. If we [all] play for each other and not just ourselves, this group will share some amazing memories when it's all said and done."

Girls soccer coach Eric Hill said the team has to make positional adjustments to fill in some of the roles left behind at the beginning of the season, with their tryouts starting March 2.

"We missed out on the opportunity to evaluate our players throughout the lost spring season, so it will be interesting to see what kind of identity we have moving forward, and [which players] are going to fill some pretty big shoes," Hill said.

Furthermore, athletes are settling in and finding their roles and where they fit as spring sports

commence. Sophomore Kaitlin Powers said going into her second soccer season after missing out on last year's season has made her more nervous, as she feels a bit unprepared for the upcoming season's challenges.

"Going into this season after missing the first season has made me more anxious because I haven't had the experience yet. Missing my first season has thrown off my schedule and my time management as I was unable to play the sport that is normally a big part of my everyday [life]," Powers said.

Additionally, sports have provided the opportunity to prepare during the preseason. Senior Tessa Suellentrop said she feels extra pressure going into this year's lacrosse season because she lacks the additional practice last year's season would have given her, but the opportunities she had during the offseason helped her to feel a bit more prepared.

"Missing junior year is a little bit stressful because I feel like I don't have the experience that the seniors usually have going into their last season. Losing the seniors last year left a lot of holes in our team," Suellentrop said. "We [prepared] for the season with conditioning, open gyms, and offered other programs [during] the winter to encourage every person we could to get ready for the season."

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